

SAFETY MEETING QUIZ

Name:

Date:

Safety Topic: V5-12 First Aid – Heat Stress

1. An occupational risk factor for heat illness is
 - a. little or no physical activity.
 - b. hot environmental conditions.
 - c. proper acclimatization.
 - d. wearing breathable fabrics.
2. Signs of heat exhaustion include
 - a. sneezing and coughing.
 - b. alertness and hyperactivity.
 - c. dizziness or lightheadedness.
 - d. an itchy or painful rash.
3. Hazardous heat exposure can occur
 - a. indoors.
 - b. during any season.
 - c. outdoors.
 - d. all of the above.
4. Heat exhaustion, if not treated right away, can lead to _____, which is a life-threatening condition.
 - a. heat rash
 - b. heat cramps
 - c. heat stroke
 - d. heat syncope
5. If heat stroke is suspected, call 911 or emergency services, immediately and cool the body by any means available while waiting for emergency medical care.
 - a. True
 - b. False



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ANSWER KEY

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